

giftaid it ... and make your gifts go further

By ticking this box, you are confirming that you are a UK taxpayer and pay an amount of income or capital gains tax at least equal to the tax St Catherine's Hospice will reclaim on your donations in the tax year. All gifts of money that you have made in the past six years (previous 4 years from April 2010) and all future gifts of money that you make from the date of this declaration will be treated as Gift Aid donations unless you notify us otherwise.

- St Catherine's Hospice will reclaim 28p of tax on every £1 you gave up to 5 April 2008.
- St Catherine's Hospice will reclaim 25p of tax on every £1 you give on or after 6 April 2008.
- The Government will pay St Catherine's Hospice an additional 3p on every £1 you give between 6 April 2008 and 5 April 2011. This transitional relief for St Catherine's Hospice does not affect your personal tax position.

Signed: _____ Date: _____

About St Catherine's

St Catherine's Hospice is a charity dedicated to providing end of life care and support to local people and their families, friends and carers. St Catherine's is not just a building – it is a philosophy of care. We believe that each person is more than their illness, and that each of us has unique physical, emotional and spiritual needs.

We care for people at the hospice, in their own homes and nursing homes. In fact 70 per cent of patients are cared for at home, with opportunities to attend our day services.

St Catherine's depends almost entirely on the support of local people, businesses and groups with only 30 per cent of our running costs provided by the NHS. Each year, we need to raise around £4.7m through voluntary income to ensure we can keep providing our essential services to those who need them.

Since our first sponsored bike ride in 2004, over 1,700 cyclists have taken part and raised over £110,000 towards hospice care. It's more fun together, so why not get your family, friends and work colleagues to join in and take part? *Please cycle to show you care!*

www.stch.org.uk

St Catherine's Hospice, Malthouse Road, Crawley, West Sussex RH10 6BH
Tel: 01293 447333 Fax: 01293 447352 Registered charity no. 281362



Rogers Ceramics are delighted to sponsor this year's Sussex Weald Bike Ride and hope that everybody has a great day, raising lots of money for St Catherine's Hospice.

Showrooms at:

Crawley:	Metcalfe Way, County Oak Retail Park, Crawley RH11 7SU	01293 612244
Tonbridge:	130 Vale Road, Tonbridge, Kent TN9 1SP	01732 771599
Haywards Heath:	Spencer House, Mill Green Business Estate, Mill Green Road, Haywards Heath RH16 1XQ	01444 458157
Redhill:	22 Monson Road, Redhill, Surrey RH1 2ET	01737 766262

www.rogers-ceramics.com



Care
Compassion
Understanding

The Sussex Weald Bike Ride

A sponsored bike ride for St Catherine's Hospice

Sunday 23rd May 2010



Cycle and show you care

Taking part in the sponsored Sussex Weald Bike Ride for St Catherine's is a great way to enjoy beautiful countryside while supporting our vital work.

We provide you with full support to ensure you have a fantastic day.

- You will receive a comprehensive information pack with sponsor forms and route guide
- All routes are on-road and fully marshalled with clear, frequent route signs
- We provide refreshment points and toilet stops
- Every cyclist who completes a ride receives a certificate of achievement!

About the Bike Ride

All routes are through the beautiful Sussex Weald. The rides start and finish at Handcross Park School in Handcross. *All the money you raise in sponsorship is vitally important!*

- 10 miles An easy on-road circuit
- 25 miles A mix of easy gradients and stiffer climbs
- 32 miles A more challenging route
- 45 miles A demanding route with several sharp, hilly sections

Entry information

- Entry £15 per adult in advance. **We also ask that each cyclist seeks sponsorship for their ride to support the hospice**
- Children under 18 ride free but must be accompanied by a responsible adult
- Teams of six or more adults* receive a 20% discount on entry fees
- All entry forms to be returned by 14th May 2010
- Entry on the day will be £23
- Entry fees are non-refundable

* registered in advance

Start times for rides are staggered and leave between 9.30am and 11am. The longest ride leaves first.



Registration Form - please complete one form per person (photocopies acceptable)
You can also register online at www.stch.org.uk

Full name (Mr/Mrs/Ms/Miss)

Address
 Postcode

Contact tel no.

Email

I am under 18 I am an adult between 18 and 70 I am over 70

Please tick the box for your chosen ride:

- 10 miles 25 miles 32 miles 45 miles

MEANS OF PAYMENT

- I enclose a cheque for £15 made payable to St Catherine's Hospice
- I am riding as part of a team of six or more adults.
Our team name is _____
We enclose a cheque for £12 per adult, made payable to St Catherine's Hospice

OR

- Please debit my credit/debit card for £ _____

Tick appropriate card (we do not accept Electron or Amex)

Visa Mastercard Switch/Maestro

Name on card

Card number

Valid from / / Expiry date / /

Issue no. (Switch/Maestro) Security code (3 digit number on back of card)

This is a sponsored event and sponsor forms will be issued upon receipt of the registration form. Please feel free to photocopy this form and pass to anyone interested in joining!

Your details will be held on the hospice database and not passed to any third parties. If you do not wish us to contact you with details of events/activities other than the bike ride, please tick this box.

Condition of entry: I understand that this ride is not a race and all cyclists must obey the Highway Code. I understand that cycling on public roads is a potentially hazardous activity and I am aware that the organisers and their employees and volunteers are not held responsible for any personal injury, accident, loss, damage or public liability. I confirm that I am in reasonable health and fitness and am aware of the distances and terrain involved. If under 18, I will be accompanied by a responsible adult.

Signed (and print) _____ Date _____

Send to: **Barbara Dryden, St Catherine's Hospice**
Malthouse Road, Crawley RH10 6BH
Tel: 01293 447319 Fax: 01293 447352
email: barbaradryden@stch.org.uk

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