

St Catherine's Hospice Inpatient Unit COVID Guide

Admission to the Inpatient Unit

Upon admission all new patients are allocated to a side room where you will be assessed daily for symptoms of COVID-19 and tested if necessary.

If medically appropriate, patients will then be required to transfer into one of our patient bays. This allows us to accept more admissions like yourself and help more patients who need our support.

Patient Visiting

We know how important it is for you to see the people you love, but to protect everyone as best we can, patient visiting is currently restricted. This allows us to reduce the footfall into the hospice thus protecting, you, other patients, your family and friends and staff.

Visiting times are 10am until 6pm.

Please be aware that all patients are limited to a maximum of **six** named visitors.

Only **two** visitors are allowed into the hospice at any one time and visiting is restricted to hourly visits.

Visits must be pre-booked in advance with reception. Your named visitors can book their visit by calling 01293 447333.

Please note, all visitors will be screened, and their temperature checked every time they arrive at the hospice.

All visitors are supplied with appropriate Personal Protective Equipment (PPE) and are required to wear this throughout their visit.

Visitors must wash their hands using the facilities provided on arrival to the hospice and attend the screening process.

Prior to leaving the ward, visitors must remove their PPE, dispose of it using the bins provided, and wash their hands thoroughly.

If visitors wish to use the toilet facilities, they must remove their PPE at the exit to the ward, wash their hands, use the toilet in reception, and will then be provided with further, new PPE before returning to the ward.

Visiting restrictions are at the discretion of the Nurse in Charge who will be happy to discuss your situation should alternative arrangements be required.

Relaxation and Complementary Therapy

Regrettably, our volunteer complementary therapists aren't visiting at the moment. Please speak to a member of the team if you have any questions about this.

Living Well Centre

Due to the responsibility we have to keep you, other patients, and our staff safe, our onsite Living Well Centre, which usually runs group activities, is temporarily closed until further notice. If it's right for you, we can still refer you to our colleagues in the Living Well Centre so you can continue to receive support.

Please note at the current time this support is virtual and may include telephone or video calls or Zoom exercise classes.

You can also find a range of wellbeing resources including meditation, seated tai chi, advice on sleeping and managing breathlessness, and welfare advice on our website at: www.stch.org.uk/livingwell

Hospice Coffee Shop

Unfortunately, our coffee shop is closed at present. There are tea and coffee facilities available for your guests. Please ask a member of our team if you would like refreshments and we will be happy to help.