

ST CATHERINE'S HOSPICE

Thank you so much for hosting a fundraising activity to support St Catherine's Hospice.

If there's a chance for you to speak to those attending and help share a bit more about who we are and why our work matters so much, please feel free to read the following. It may also boost your fundraising!

A message about St Catherine's Hospice

For the last 40 years, St Catherine's Hospice has been there for people living in West Sussex and East Surrey, offering both physical and emotional support to those living with a life-limiting or terminal condition and their families.

Every year, the hospice provides specialist end of life care to around 2,000 people on its hospice ward or out in the community.

As well as expert medical and nursing care, St Catherine's also provides emotional and practical support to support those facing death and loss. Its dedicated Wellbeing Team provides a range of services including counselling, welfare advice, bereavement support and spiritual care to patients and their loved ones.

Their care is only possible thanks to the generosity of the local community. It costs around £14 million to run the hospice each year but less than a third of this comes from the NHS. The rest is raised through the support and generosity of people like you - an incredible amount that means they can continue to deliver tailored care to people when it's needed most.

If you'd like to find out more about St Catherine's, arrange a visit to their hospice in Pease Pottage, or hear about other ways you can get involved, please contact their fundraising team.

Thank you so much for supporting us today!