

## *Self Exclusion*

We are aware, that at times, people might feel the need to restrict themselves from taking part in any form of gambling. If you would like to be excluded from taking part in our lottery or raffles, requests for self exclusion can be made by contacting our lottery office.

Your lottery membership will become inactive upon receipt of this agreement.

Any exclusion will be held on your record and every effort will be made to make sure that no further gambling material is sent to you during this time.

Self exclusion is for a minimum of six months. Entry into our lottery or raffles will be reviewed after this period.

Please print and complete our Self Exclusion Agreement form, also found on our website, and return it to the lottery office at St Catherine's Hospice, Malthouse Road, Crawley, West Sussex, RH10 6BH.

You may also be aware that there is software available that can be installed onto your computer to prevent you from accessing gambling sites. For more information on this please visit [www.netnanny.com](http://www.netnanny.com) or [www.gamblock.com](http://www.gamblock.com)