

Volunteer Role Profile:
Volunteer Counsellor

- Where:** Our Hospice sites, community venues, in people's homes across Surrey and Sussex or by telephone/video call
- When:** Days & times to be agreed, dependent on client needs. Ideally **3+ clients** per week for 50-minute sessions not including time to write up notes and 2 hours of group supervision every 2 weeks.
- Managed by:** Wellbeing Services

About:

You will be a valued member of the Wellbeing Team using your expert skills to deliver a vital service to patients and their families either at the hospice or out in the community.

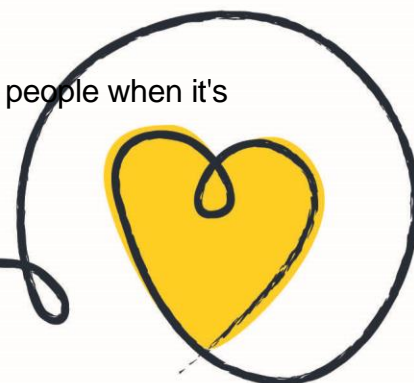
Counselling is offered to both patients and adult family members. It can be taken up at any stage of their journey and continues for families into bereavement. Primarily you'll be working with your 3+ allocated clients each week and may have the opportunity to be involved in delivering bereavement groups.

Role responsibilities:

- Be responsive to the needs of each client, offering support and listening in a caring and confidential manner
- Support each client in their ongoing adjustment to life in changing circumstances
- Arrange appointments with clients that are mutually convenient
- Attend group supervision regularly
- Discuss any queries, problems or observations with your supervisor and the team manager
- Submit client updates to the Hospice Administrators
- Follow the BACP Ethical Framework for the Counselling Professions and any other applicable code of professional conduct at all times
- Adhere to our Volunteering Code of Conduct
- Attend relevant meetings & undertake all training required
- Act as an ambassador for St Catherine's at all times

What you gain from this opportunity:

- Satisfaction of helping St Catherine's Hospice to support local people when it's needed most
- Full training and support throughout your role
- Chance to boost your CV, including a reference



- Gain hours towards your professional Accreditation
- Agreed travel expenses reimbursed
- Supporting our expert team
- Long service and annual recognition awards

What we're looking for:

- Registered or willing and able to register with a recognised governing body, such as BACP
- Good communication skills, being sociable, cheerful, and courteous in all you do
- A caring approach
- Being able to demonstrate strong emotional resilience
- Ability to acknowledge and affirm loss or potential loss, and the pain of grief as a natural part of human experience
- Ability to support clients in their changing circumstances
- Ability to respect client's choices and variety of expressions of grief consistent with different patterns of belief, family, community, culture and religion
- Commitment to undertake regular training as necessary for the role
- Ability to support as part of a team
- Capacity to see 3+ clients each week and attend supervision fortnightly,
- People to offer a commitment of 12 months or more where possible, due to the training and support provided and for you to gain as much as you can from the opportunity and experience of doing this role
- An understanding of Hospice care and philosophy and the ability to contribute to it would be good, but not essential

Criminal Record Check Required:

This role involves regulated activity and is exempt from the Rehabilitation of Offenders Act 1974.

You must answer the Exempt Declaration on the application form and you will be asked to undergo an Enhanced with Adult Barring List Disclosure and Barring Service Check. We will also check you against the Child Barred List, but only if you are to work with children in your role. It is a criminal offence for someone on these lists to work or apply to work in regulated activity.

Training Provided:

You will need to undertake our induction training programme before starting and attend biannual refresher training as part of our volunteering safely requirements

You will be able to access additional training courses to support you in this role.

Want more information?

If you have any questions, please call the Volunteering Team on 01293 447351 or email volunteering@stch.org.uk

